

BREAKEAS

8 am - 2 pm · Daily

(8:30 am start in the off season)

STARBOARD OMELETS

Our omelets are made with three extra large eggs, served with your choice of white, wheat, or rye toast, & a side of homemade hash browns (or tater tots upon request). All Omelets can be prepared Bluten Tree.

THE BODY SHOP!

Order this one & brag to your trainer! This protein monster is huge, it's 5 egg whites, filled with spinach, jalapeño, tomato, broccoli, and topped with homemade salsa. For those of you wanting a little 'sin' in your lives... throw in a cheese of your choice \$16

THE BEST WESTERN

Chipped ham, American cheese, chopped onion, green pepper & tomato \$14

YOUR FISH IS OUR COMMAND

A seafood omelet made with shrimp, lump crab meat & your choice of cheese \$19

Like it spicy as all get out? Try this one! Loaded with jalapeño peppers, sausage, Monterey jack cheese. Try our signature Starboard Hot Sauce® \$15

THE NAPA VALLEY FRU FRU

Bacon & Monterey jack cheese, topped with guacamole & house salsa \$14

THE HAPPY COW

Perfect for you tree huggers... mushrooms, chopped onion, tomato, green pepper & your choice of any of our eight cheeses \$14

WHO CUT THE HAM & CHEESE

Chipped ham, melted Velveeta & cheddar cheese \$14

THE RANCHERO

Spicy chorizo, green pepper, tomato, Monterey jack cheese, onion & house salsa \$16

Bacon, ham, sausage, Swiss & American cheeses, chopped onion, & green pepper. When we are done, we ladle on the hollandaise sauce! \$19

STEAK & CHEESE OMELET

Black Angus Philly steak & your choice of cheese... a Dewey Beach delicacy! \$15

MAKE YOUR OWN OMELET

A HUGE THREE EGG OMELET WITH YOUR CHOICE OF CHEESE \$11

Create your own omelet with the additional items that are listed below.

Choose a Cheese

Cheddar

- American Provolone
- · Pepper Jack Feta
- · Monterey Jack · Swiss

- Velveeta

- Mushroom Tomato Onion

Add \$1.50

 Broccoli • Raw Onion

Spinach

· Green Pepper · Avocado \$3

Add \$4 Add \$3.50 Steak

- Bacon Sausage
- Scrapple • Ham

- · Jerked Chicken Chorizo

 - Shrimp
 - · Lump Crab \$8

EGG CREATIONS

A customer favorite! Perfectly poached eggs nestled on lump crab meat atop Thomas' English muffins, smothered in hollandaise & Old Bay seasoning \$18

Perfectly poached eggs on Canadian bacon atop Thomas' English muffins, smothered in hollandaise sauce \$14

SALMON BENEDICT Whiskey smoked salmon, poached eggs, toasted English muffin, topped with hollandaise

sauce \$16 **PETE'S BURGER BENEDICT**

A tribute to our local state representative, you'll love these TWO 3oz smash burgers on top of toasted Thomas' English muffins, perfectly poached eggs, hollandaise sauce, your choice of homemade hash browns or tater tots \$16

HANGOVER HELPER!

A huge bowl filled with tasty goodness. Homemade buttermilk biscuits on the bottom with scrambled eggs, your choice of sausage, bacon or scrapple, hash browns, cheddar & jack cheeses, topped with our incredible sausage gravy \$19

THE FULL MONTY!

or the Chow Hound only... two eggs any style, plain or raisin bread, French toast or pancakes, bacon & sausage, hash browns & choice of toast. With an Alka-Seltzer chaser! (Just kidding) \$21

SUNRISE SKILLET GF

Scrambled eggs with jack & cheddar cheeses, your choice of sausage, bacon, ham or scrapple atop hash browns \$16

COACH WILLIAMS' LUMP CRAB SKILLET GF

Hall of Fame Maryland Men's Basketball coach Gary Williams loves The Starboard. Coach shows his Maryland pride by choosing our... lump crab meat, scrambled eggs, Monterey jack & cheddar cheeses over homemade hash browns topped with hollandaise sauce \$19

BRISKET, EGG & CHEESE SKILLET GF

A secret hangover cure adored by our amazing staff!

A mountain of potatoes, scrambled eggs, smoked beef brisket, jack & cheddar cheeses \$17

EGGS YOUR WAY! TWO EGGS \$8 · THREE EGGS \$9

We use fresh, extra-large eggs. Served with a mound of our homemade hash browns & your choice of toast. Add for just \$3: Sausage, scrapple, ham or bacon

How would you like your eggs? Scrambled · Scrambled Well · Scrambled Wet · Poached on Toast Poached on Hash · Poached in Cup · Sunny Side Up · Over Easy · Over Medium · Over Well

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BREAKFAST SANDWICHES

CROISSANT EGG SANDWICH

Two fried or scrambled eggs, bacon, sausage, scrapple or ham, topped with your choice of cheese, served with homemade hash browns. (Feel free to substitute with your choice of bread, we just suggest our awesome croissants) \$13

CALIFORNIA PROTEIN WRAP

Attention health nuts! A whole wheat wrap filled with egg whites, jerk chicken, fresh spinach, pico de gallo, feta cheese & avocado. Served with a side of fruit. The perfect combination of health & deliciousness! \$16

BREAKFAST 'BREY'RITTO!

Former Notre Dame coach Mike Brey always headed straight to Dewey after a season for an Orange Crush (or two) and this delicious Burrito. Scrambled eggs, wrapped up with bacon, sausage, or scrapple, cheddar and jack cheeses, fresh pico de gallo. Served with homemade hash browns or tater tots \$15

BREAKFAST BLT

Bacon, lettuce, tomato, mayo on your choice of toast. Served with homemade hash browns \$10 Add an egg for \$2!

LOX BAGEL SANDWICH

Your choice of everything OR plain bagel, salmon, cream cheese, tomatoes, and capers. Served with a side of mixed berries \$13

French Toast · Pancakes · Waffles

HOMEMADE FRENCH TOAST

We bake our Pullman loaf white bread every morning and slice it thick as a fat man's knuckle! Choose bacon, sausage or scrapple \$13

RAISIN FRENCH TOAST

Fresh baked cinnamon raisin bread, slice it thick! Choose bacon, sausage or scrapple \$13

PANCAKES

Three HUGE buttermilk pancakes, the best you'll find! \$11

BLUEBERRY PANCAKES Three huge buttermilk pancakes filled with large Maine blueberries \$12

CHOCOLATE CHIP PANCAKES

Three huge buttermilk pancakes filled with chocolate chips \$12

HUGE BELGIAN WAFFLE Made with premium Belgian waffle batter, we bake these waffles to order! Choose bacon,

sausage, country ham, or scrapple \$12 Top off your waffle with fresh strawberries OR blueberries & whipped cream \$3

CHICKEN & WAFFLE SKILLET

We start with our monster Belgian waffle, add crispy chicken tenders, scrambled eggs, then top it with sausage gravy. Delightful! \$16

Choose from our smorgasbord of syrups!

Local favorites, maple syrups that Monty finds while skiing in Vermont over the winter, or a warm and sugar free syrup.

Country white bread, avocado, Maryland lump crab meat, Old Bay. Served with a side of fresh blueberries and strawberries \$20

AVOCADO TOAST

Country white bread, avocado, blueberries and crumbled feta topped with EVOO. Served with a side of berries. \$13

STEEL CUT OATMEAL

A piping hot healthy alternative for breakfast, topped with seasonal fruits & a drizzle of honey \$9

EISENBREY'S CREAM CHIPPED BEEF

We've been using the Eisenbrey's family secret recipe here for years. We serve this delicious chipped beef over your choice of bread or even better, Thomas' English muffins! Served with a side of homemade hash browns \$12

BIG SEXY FRESH FRUIT PLATTER GF

A huge portion of fresh cut seasonal fruit, served with a side of vanilla yogurt \$16

BAGEL & PHILLY CREAM CHEESE \$4

SIDES

SIDE OF FRESH FRUIT \$3 **CUP OF MIXED BERRIES \$4 CREAM CHIPPED BEEF \$4 HASH BROWNS \$3**

TATER TOTS | TIN \$4 or BUCKET \$9 MEATS \$3.50 Bacon, Pork Sausage, Country Ham, Scrapple

SAUSAGE GRAVY & BISCUITS \$6 TOAST \$1.50 White, Wheat, Rye,

Thomas' English Muffin **CROISSANT \$4** BAGEL \$3 | CREAM CHEESE \$1

PANCAKE (1) \$4

Everything OR Plain

COFFEE \$2 <u>Swell</u> 106 'Toastie's Roastie" Powered By...

We welcome you to make your own any day of the week OR try one of our Signature Bloody's. Served Until 2pm.

BACON MARY Our signature 16 oz. Bloody Mary, with candied bacon skewers, pickled green beans, lemon, lime, carrot stick & celery stalk, Old Bay rim \$14

CRABBY MARY Our signature 16 oz. Bloody Mary served with a scoop of lump crab meat, candied bacon skewer, pickled green beans, lemon, lime, carrot stick & celery stalk, Old Bay rim \$16

'MAKE YOUR OWN' BLOODY MARY WORLD FAMOUS SMORGASBORD

Weekdays | 8:30am - 3pm Saturday & Sunday | 8:30am - 4pm

JUICES \$3

Orange · Grapefruit · V-8 · Tomato Grape · Apple · Cranberry · Pineapple

LUNCH & DINNER

11:30 am - 10 pm · Daily



LIGHT FARE & STARTERS

SAND PILE Our most popular item! A heaping mound of boardwalk fries piled high, loaded with melted cheeses, bacon & scallions, drizzled with sour cream, served with a side of ranch dressing for dipping. It is awesome! \$14

BRISKET NACHOS Homemade tortilla chips, smothered with shredded cheddar & jack cheeses along with melted Velveeta, corn, fresh jalapeño, tomato, bacon, chopped onion, smoked beef brisket, salsa & sour cream \$16

DELMARVALOUS LUMP CRAB DIP Lump crab meat, blended cheeses, spinach, fresh herbs, served with toasted baguettes \$17

MONTY'S JERK CHICKEN GF Fan favorite & the name says it all! With a side of our zesty honey mustard dip \$12

HAND BREADED CHICKEN TENDERS Fresh chicken tenders, hand-breaded & served with homemade honey mustard or Buffalo wing sauce, side of bleu cheese \$13

TURGEON TENDERS! This recipe was brought to us by Dewey local and former Maryland men's basketball coach Mark Turgeon. By far a staff favorite! Hand-breaded chicken tenderloins are coated with Old Bay seasoning then drizzled with zesty hot-honey sauce, served with a side of homemade buttermilk ranch. \$14

CHEESESTEAK EGG ROLLS Hand-rolled, filled with cheesy chopped Angus beef & fried to perfection. Delicious! Served with a side of Sriracha ketchup \$15

WINGS! Flash fried to perfection. Accompanied by celery & bleu cheese. \$13 Choose your sauce: Naked, Old Bay & Butter, BBQ or Suicide Hot!

PHILLY PRETZEL BITES Our staff favorite! With homemade spicy mustard & cheese sauce for dipping \$9

SANDS' TOTS! NBC Sports & Golf Channel's Steve Sands, a close friend to all here and a Starboard fan... insisted Monty that he had to bring Tater Tots to the menu... These tots are covered with melted cheeses, bacon, scallions, drizzled with sour cream on top, and served with Steve's very favorite dressing, our homemade Ranch for dipping. Steve got his wish, so we named it for him. \$12

BUFFALO SHRIMP GF Pan sautéed & tossed in Buffalo sauce. Served with fries \$15

STEAMED SHRIMP GF Mouthwatering shrimp perfectly steamed & simply seasoned with Old Bay, capers & onions... Half Pound \$15 • Full Pound \$22

HOMEMADE GUACAMOLE Cilantro, fresh lime juice, tomato, onion & jalapeño, with fresh tortilla chips \$13

BUFFALO CHICKEN DIP Pulled Delmarva chicken, bleu cheese, spicy buffalo sauce, toasted baguettes \$14

CHICKEN SALAD SLIDERS Sherrill's Famous Chicken Salad. Served with a a side of Ruffles potato chips \$11

DEWEY SLIDERS Two Angus beef sliders, topped with Velveeta, served with fries \$13

QUESADILLA A huge tortilla filled with our in-house smoked brisket or chicken, cheddar, sautéed peppers, onion & black beans, grilled to a crisp. Served with sour cream \$13

SOUPS ON!

CREAM OF CRAB

Rich & creamy, with just a hint of Old Bay \$10

MARYLAND CRAB

Traditional recipe, with tomatoes & other fresh vegetables \$10

HALF & HALF SOUP

Cream of Crab & Maryland Crab mixed together. A local's favorite \$10

All of our dressings are 100% made in house! Balsamic Vinaigrette · Zesty Thousand Island Buttermilk Ranch \cdot Creamy Blue Cheese Honey Mustard ⋅ BBQ Ranch ⋅ Orange Sriracha

JERKED COBB

A fabulous mixture of shredded lettuces, corn, chopped tomato, shredded cheddar, hardboiled egg, bacon, tri-colored tortillas & our grilled jerk chicken breast, mixed with our homemade buttermilk ranch dressing \$17

BBQ CHICKEN CHOPPED

Grilled BBQ chicken breast, avocado, tomato, grilled corn, black beans, cucumber, romaine, tossed with BBQ ranch dressing. Topped with crispy onion frizzles \$17

BERRY · AVOCADO · SPINACH GF

Fresh baby spinach, wild berries, avocado, and toffee pecans tossed with balsamic vinaigrette \$16

THE BRUSSEL HUSTLE

Shaved Brussel sprouts, broccoli, cilantro, topped with avocado, tomato, and onions with a balsamic reduction. Your choice of; Jerk Chicken \$16 OR Blackened Shrimp \$17

CAESAR

Romaine, croûtons, parmesan, homemade Caesar dressing... Full \$12 • Half \$7

THE TOSSED SALAD

Mixed greens, along with cucumber, red onion, tomato, hardboiled egg & tortilla strips. You choose the dressing \$9

Top any salad

Grilled Chicken \$6 • Chicken Salad \$6 Lump Crab Cake \$18 · Buffalo Shrimp \$8 Chicken Tenders \$7

All wraps are garnished with tortilla chips & homemade pico de gallo.

RECOVERY PROTEIN WRAP

This one will balance out last night! Filled with protein, jerk chicken, avocado, spinach, feta, pico de gallo, pesto sauce, wheat tortilla. \$15

SOUTHWESTERN WRAP

A sun-dried tomato tortilla stuffed with spicy marinated chicken strips, shredded cheddar cheese, pico de gallo & shredded lettuce with buttermilk ranch \$15

BUFFALO CHICKEN WRAP

Grilled chicken tossed in buffalo sauce. provolone, celery, lettuce & creamy bleu cheese wrapped in your choice of tortilla \$15

BUFFALO SHRIMP WRAP

Pan-seared shrimp tossed in Buffalo sauce, provolone, celery, lettuce & creamy bleu cheese, wrapped in your choice of tortilla \$16

SANDWICHES

OUR FAMOUS LUMP CRAB CAKE

By far our most popular sandwich for decades! Seasoned lump crab meat, lettuce, tomato, a side of tartar on a homemade brioche bun with fries \$24

THE DELAWARE BLUE HEN Marinated grilled chicken with avocado, bacon, lettuce, tomato, pepper jack cheese & chipotle mayo on our homemade pretzel roll. Served with fries \$16

CHICKEN SALAD Sherrill's Famous Chicken Salad on a croissant with lettuce & tomato. Served with Ruffles potato chips \$13

CHEESESTEAK Black Angus or Delmarvalous Chicken, with sautéed onion, melted Velveeta cheese on a Philly hoagie roll. Served with fries \$17

CLASSIC BLT Crisp bacon, lettuce, fresh local tomatoes, and mayo on your choice of bread. Served with Ruffles potato chips \$10

SCOTT VAN MELT Worthy of any "Top Ten" list! An impressive double decker grilled cheese club, cooper sharp, beefsteak tomatoes, thick crispy bacon. Served with fries \$13

TURKEY CLUB A triple-decker sandwich on your choice of toast. Sliced turkey breast, crisp bacon, lettuce, tomato, mayonnaise & cheddar cheese. Served with Ruffles potato chips \$16

TURKEY RUEBEN We roast our turkey slow & low, slice it and pile on coleslaw, Swiss cheese & 1000 Island dressing on marble rye. Served with fries \$15

BEEF BRISKET DIPPER Succulent house-smoked beef brisket with onion, jack cheese & Carolina BBQ jus, on a Philly hoagie roll. Served with fries \$18

WHO CUT THE CHEESE?

Our classic grilled cheese. American, cheddar & Monterey jack. Served with fries \$10

GRILLED HAM & CHEESE Chipped ham, bacon, Swiss & cheddar cheese, wheat bread. Served with fries \$13

THE 5 ALARM GRILLED CHEESE

Shredded chicken tossed in Buffalo sauce, Monterey jack cheese, white bread. Served with fries \$15

FAMOUS BURGERS

Our impressive selection of burgers are a enormous 10oz hand-formed patty. Served with Old Bay boardwalk fries.

ANGUS BEEF BURGER

A huge hand formed 10oz burger topped with lettuce, tomato, onion, and cheese if you wish, served on a fresh baked brioche bun \$15 · Add crispy bacon \$1.50

RUNNING OF THE BULL BURGER

Crisp bacon, Swiss & American cheeses, fried sunny-side egg, and orange-Sriracha sauce \$18

THE FULL MONTY!

Crisp bacon, lettuce, tomato, onion, cheddar, pepper jack, and Bethany Blues BBQ sauce \$17

THE HEIDENBERGER

This gem from our sister restaurant "Bottom Line" in Washington, DC. 10oz hand-formed patty topped with fried onion, Swiss cheese, Thousand Island dressing & coleslaw \$18

SURF & TURF BURGER ... A mouthwatering combination!

A Dewey Beach Police Department favorite, this 100z burger is topped with lump crab meat, American cheese, Sriracha-Thousand Island \$22

BLACK & BLUE BURGER

10oz Blackened Angus burger, smothered in caramelized onion & bleu cheese \$16

BLACK BEAN BURGER

Two black bean patties, pesto, avocado, choice of cheese, lettuce, tomato, onion \$15

SIDES

FRIES | TIN \$4 or BUCKET \$8

TATER TOTS | TIN \$4 or BUCKET \$9

MAC & CHEESE \$4 COLESLAW \$2.50

STEAMED BROCCOLI \$4

Love warm, cold, sweet and chocolatey all together? Try Starboard's Signature homemade chocolate chip cookie, served warm in a cast iron skillet, topped with flaky sea salt and vanilla ice cream. You'll have to trust us...it's scrumptious! \$14

